

Enabling a girl like Mary



Mary's story . . .

Born in Uganda, Mary developed tuberculosis of the spine, and by four was unable to walk.

Growing up, all Mary wanted was to be independent, respected, and able to contribute to her community.

A caring doctor from Medcare UK in Uganda realised she needed to manage incontinence with the use of reusable diapers.

We work to connect grassroots organisations to help each other, so we introduced Medcare to Smiling Hearts, an organisation that is now training Mary as a seamstress.

Mary is learning how to sew reusable diapers so that some of the millions of other young girls like her who endure that indignity, can lead independent lives like her.

Just for the lack of fabric

The incredible on-the-ground organisations we work with have the sewing machines and the capabilities to train these young women.

But with severely limited resources, they lack the funds to purchase the fabric required.

The need is great.

There are over two million children in Uganda with physical disabilities resulting in incontinence.

Empowering young girls with a disability to not only help these children, but earn a small income is a winning situation for everyone.



The children with some of the reusable diapers Mary has made.

How can you help?

CreateCare Global is supporting multiple grassroots organisations across Uganda and Kenya to train girls with a disability like Mary. To do that, we need a constant supply of fabric.

ONGOING SUPPORT

\$10 a month (\$120 a year) will supply eight children a year with reusable diapers, as well as support the training of many young women, like Mary.

Your support can contribute to the wellbeing of young children with incontinence, and the engagement and education of young girls internationally.

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PAYPAL